

| Nutritional Assessment Factors | Problems | Examples | Management |
|--------------------------------|---|---|---|
| Animal-specific factors | Nutrient-sensitive disorders | <ul style="list-style-type: none"> • Adverse food reactions • Overweight or obesity • Organ-specific disease | Selection of diets formulated to address the specific disease-associated nutrient limitations |
| Diet-specific factors | Diet-induced disorders | <ul style="list-style-type: none"> • Nutrient imbalance • Spoilage • Contamination • Adulteration | Feeding a diet appropriate for the animal |
| Feeding management | Feeding-related and environmental-related disorders | <ul style="list-style-type: none"> • Over- or underfeeding • Excessive use of treats • Poor husbandry • Competitive eating • Lack of appropriate environmental stimulation | Effective communication with the client |

The 2021 AAHA Nutrition and Weight Management Guidelines for Dogs and Cats are available at aaha.org/nutrition.

These guidelines were prepared by a Task Force of experts convened by the American Animal Hospital Association (AAHA) and were subjected to a formal peer-review process. This document is intended as a guideline only, not an AAHA standard of care. These guidelines and recommendations should not be construed as dictating an exclusive protocol, course of treatment, or procedure. Variations in practice may be warranted based on the needs of the individual patient, resources, and limitations unique to each individual practice setting. ©AAHA.

