TABLE 12C

Sodium Concentration of Isotonic Crystalloids

Lactated Ringer's solution	130 mEq/L
Plasma-Lyte A	140 mEq/L
Normosol R	140 mEq/L
0.9% NaCl*	154 mEq/L

* Evidence in human patients suggests that 0.9% NaCl may be detrimental to kidney health.¹²

1. Ostermann M, Randolph AG. Resuscitation fluid composition and acute kidney injury in critical illness. *New England Journal of Medicine*. 2022;386(9):888-889.

 Sigmon J, May CC, Bryant A, Humanez J, Singh V. Assessment of acute kidney injury in neurologically injured patients receiving hypertonic sodium chloride: does chloride load matter? *Annals of Pharmacotherapy*. 2020;54(6):541-546.

The 2024 Fluid Therapy Guidelines for Dogs and Cats are available at aaha.org/fluid-therapy.

These guidelines were prepared by a Task Force of experts convened by the American Animal Hospital Association (AAHA) and were subjected to a formal peer-review process. This document is intended as a guideline only, not an AAHA standard of care. These guidelines and recommendations should not be construed as dictating an exclusive protocol, course of treatment, or procedure. Variations in practice may be warranted based on the needs of the individual patient, resources, and limitations unique to each individual practice setting. ©2024 AAHA.

